

Wadena County Resources**Nutrition:**

Menahga food shelf: 218.564.6143

Project share of Wadena: 218.632.5335

Sebeka area food shelf: 218.472.3288

Housing:

Wadena Housing and Redevelopment: 218.631.7709

Employment:

Wadena Workforce Center: 218.631.7709

Rural MN Concentrated Employment Program: 218.846.7400

Wadena Developmental Achievement Center: 218.837.5182

Legal Services:

Wadena County Courthouse: 218.631.7633

Legal Services of Northwest MN: 800.450.8585

Mid-MN Legal Aid (for seniors): 320.253.0121

Health Care:

Alcoholics Anonymous: 218.631.3828

Northern Pines Mental Health: 218.631.1714

MN Children with Special Needs: 651.201.5000

Wadena County Women, Infants, & Children (WIC): 218.631.7629

The Village Family Service Center: 800.627.8220

Tri-County Healthcare: 218.631.3510

Apple Tree Dental: 218.998.2218

Family Support:

American Red Cross: 218.722.0071

Catholic Charities: 218.631.1593

Child Care Aware: 888.291.9811

Early Childhood Family Education: 218.632.2364

Father's Resource Program: 218.632.3600

Head Start: 218.632.2352

Lutheran Social Services: 218.564.1660

Friendly Rider-Public Trans: 218.631.5730

Wadena County Child Protection: 218.631.7605

Wadena County Human Services: 218.631.7605

Mahube-Otwa Community Action Partnership: 218.632.3600

Salvation Army: 800.456.4483

Social Security Office: 866.331.9087

Someplace Safe (Wadena Office): 218.631.3311

Someplace Safe: 800.974.3359